

From: [Peter_H_R](#)
To: billw@swingjacket.com
Subject: Release the club
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Hi Bill;

Sorry it's many words, but I'm frankly excited.

Swing Jacket Day Two:

As a newcomer to the completely unnatural game of golf later in life there's just so many confusing golf terms to learn,

Stronger or weaker grip have nothing to do with how hard you grip the club.
Open or closed stance have nothing to do with how far apart your feet are.
Hook, slice, pull, push, face angle, club path, fade, draw and the how and why of each.
I came to understand LOFT, for me it clearly meant Lack Of Freaking Talent.
The biggest mystery to this golfer was always release. I joked that of course I didn't want to release the club because I could kill someone.

Countless dollars on training aids, gimmicks and practice. Properly custom fitted clubs early in the adventure well worth the money, then reshafted the clubs as my driver swing improved from a beginners high 70's MPH to mid-high 90's.

Lots of lessons improved many things and my swing got more repeatable and had more potential so there were accidentally brilliant glimpses of what was possible that even great golfers admired. Between lessons I'd practice, but without solid fundamentals I'd reinforce the bad as much as practice the good and get worse until the next lesson and then the first half of each lesson would get me back on track and then I'd learn a bit more. So with time there was slow steady improvement, this was a game I wanted to replace skiing in my future retirement so I'd stick with it and try to improve. My PGA instructor is convinced I now have a swing to shoot in the 80's, but my handicap is stuck at 28 and I struggle to break 100 on course and my annual ball budget grew with each new advance in distance I could hit because I lacked consistency of direction. My best rounds were with the driver left in the trunk of my car, I suspect most amateurs could knock 10 strokes off and have less frustration by losing their expensive driver.

Lessons got me into fundamentally correct positions that were more repeatable, but release eluded me and small signs of my once mighty chicken wing hit virtually every swing we watched on video.

I've taken tons of lessons, and helpful good golfer friends have told me countless times "you're not releasing the club". I couldn't feel it and it happens too fast to see it.

The Swing Jacket, strapped on at first, seems like an evolution of some Victorian Corset Torture device determined to have its way with you and especially your jerking and limiting your wild crazy arms when you swing. The worse you're swinging the more it has its way with you and it feels

AWFUL at first. I've learned that when learning golf if it feels good at first it's likely you're doing something wrong, golf is an unnatural game. Twenty easy swings with a 6 Iron and I'm sweating and ready to chuck it and run for my money back, then suddenly I feel it.

Release, probably for the first time in my life I can feel what releasing the club actually is. My hands are naturally rolling through and post impact and I'm not stuck or chicken winged.

Since I'm swinging on a P3ProSwing simulator, I can see exactly what's happening and the club is indeed releasing through the impact zone entering ,open hitting close to square and exiting closed . After another 10 swings with the 6 Iron, I take the jacket off and start swinging freely sure I'll just revert quickly to my old habits.

Working through a variety of clubs it's clear that I'm releasing much more freely. After a few swings the impact point is moving towards the heel of the club, sure signs that I'm chicken winging less and less. My arms are extending more through impact with each swing and my address position will need to adjust over time.

My swing speed is down 10%, likely because I still feel awkward and wrong and I'm thinking that this won't work, but my impact is much more consistent. After 40-50 swings without the jacket I suddenly start snap hooking the ball and already I have to use a more neutral grip and move away from the usual amateur slice correction of a stronger grip that was part of my habits. One of my slice correction strategies was to hit the range before a game and hit hooks as often as I could, surprisingly hard for a chronic slicer.

Suddenly, even without the Swing Jacket on I'm releasing the club more and more freely with each swing and my speed is climbing back up as it all starts to feel more natural.

Next I play 27 simulator holes on the P3ProSwing and require very few mulligans (virtual balls are free all winter so I rehit every OB). Very few pushes and slices and just a few snap hooks, but generally one of the better virtual rounds I've had in a long time. In case you're wondering, the P3ProSwing results closely mimic my on-course results so it is a pretty good predictor of improvement through the winter.

I'll stick with it and keep you posted, but it's a startling revelation to finally feel Release. The Swing Jacket makes not releasing the club uncomfortable and releasing the club rewarding.

If you can't feel it you can't repeat it, and based on my experience I'd bet that most high handicappers have never felt and clearly understood what releasing the club feels like and many mid-handicappers have adopted corrections that may allow them to score well (85-90) but I'm sure those band-aid corrections will limit their ultimate potential as golfers. The feedback and correction of the Swing Jacket are unique and very valuable in letting a golfer feel and develop proper release.

After 24 hours with it, I'm sure that the Swing Jacket will improve my game much more quickly and allow my instructor more time to develop my real potential as a golfer.

Go ahead and spend my money, in spite of your Swing Jacket money back guarantee it's not coming back. The only bad news is that I'm not telling my golfing friends about it until I start beating them on course, I need every advantage I can get to catch and finally pass their many more years of experience and I'm a selfish and relentless competitor who can keep this a secret.

Thanks,

Peter H. R
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